



# Sailing Instructions (SI)

## Para Nordic Sailing Championship 2022

**Dates:** 13-14 August

**Location:** KSSS/ Skota Hem Hotellvägen 9, Saltsjöbaden

**Boatclass:** RS Venture Connect

**Organizing**

**authority:** Royal Swedish Yacht Club (KSSS) in cooperation with SkotaHem

### 1. Rules

- 1.1 The event is governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2 Racing rule 40 will be changed as follows: Competitors shall wear personal flotation devices at all times while afloat except temporarily when not racing, while changing or adjusting clothing or personal equipment, or for reasons of personal hygiene. This requirement shall not be enforced in the case of a very severely disabled person for whom, in the opinion of the Technical Delegate, after consultation with the Chief Classifier, the wearing of a conventional PFD would result in diminished safety.
- 1.3 Racing rule 41 is changed as follows: Support persons may go to the assistance of competitors, without interfering with other boats, if they consider that the safety of the sailor is at risk. Once assistance has been provided, a boat shall retire immediately from the race. A competitor who retires shall inform the race committee as soon as possible.
- 1.4 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

### 2. Changes to the Sailing Instructions

- 2.1 Any change to the sailing instructions will be posted on the Official Notice Board ONB, [PARA NORDIC CHAMPIONSHIP - KSSS](#) or distributed to all teams no later than 60 minutes before they will take effect, except that any change to the time schedule of races will be posted by 19.00hrs the day before it will take effect.

### 3. Signals made ashore




- 3.1 Signals made ashore will be displayed on the flagpole outside the regatta office, Saltsjöbaden.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in RRS Race Signals.

### 4. Program and the start

- 4.1 The first warning signal will be made at 11.00 hrs on the first racing day. The following races will be sailed subsequently, with changes of boats and crews, according to the pairing list, in the harbor, or if possible out on the water.

The time of the first warning signal on the second racing days will be made at 10.00hrs.

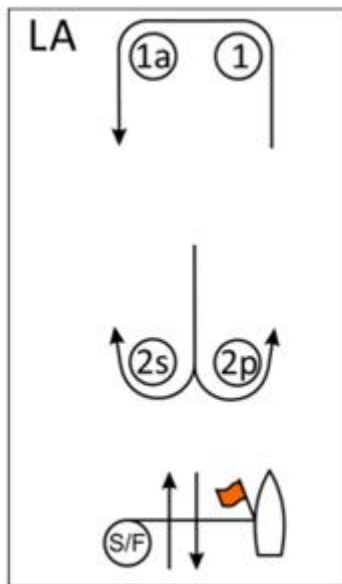
- 4.2 RRS 26 is changed as follows:

Minutes before the start	Visual signal	Sound signal	Means
5	Class flag or U, black flag	One	Attention
3	Flags with numbers 	One	Warning signal
2	Flag number 3 is removed 	One	Preparatory signal
1	Flag number 2 is removed 	One long	One minute
0	Flag number 1 and other flags are removed	One	Starting signal

- 4.3 To alert boats that a new starting sequence is about to begin, the orange flag on the starting line will be displayed with a sound signal not less than five minutes before the attention signal.
- 4.4 A boat that does not start within ten minutes after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A5.1 and A5.2.

## 5. The course

- 5.1 The starting line is between a staff displaying an orange flag on the race committee vessel at the starboard end and the course side of the port-end starting mark.
- 5.2 The course is to be sailed two laps. The rounding marks are yellow robotic marks and mark 1 is to be left to port.



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish

- 5.3 When changing the course, the original mark will be moved.
- 5.4 The finishing line is between a staff displaying a blue flag on the race committee vessel and an orange flag the course side of the finishing mark.
- 5.5 The race committee will try to set the course so that a race will take approximately:
- in flights with two races, 20 minutes for the first boat,
  - in flights with one race, 40 minutes for the first boat,
- 5.6 The time limit for the first boat to sail the course is:
- in flights with two races, 40 minutes for the first boat,
  - in flights with one race, 70 minutes for the first boat.
- 5.7 A boat that does not finish within:
- in flights with two races, 10 minutes,
  - in flights with one race, 30 minutes after the first boat has finished, will be scored Did Not Finish (DNF). This changes RRS 35.

## 6. Protests and requests for hearings

- 6.1 Protests and request for hearings shall be filed at the race office within the protest time limit and comply with the requirements of RRS 61.2.
- 6.2 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is later.
- 6.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, including time and place for the hearing.

## **7 Technical defects**

- 7.1 If the race committee or the repair service are unable to prepare a boat within a reasonable time, the race committee may start the race without this boat.
- 7.2 The crew associated with this boat will be scored RDG with the average of all other races sailed in compliance with RRS A9(a) in this race. This changes RRS 63.1, A5.1 and A5.2.

## **8 Crew change**

- 8.1 The assignment of crews and boats to rounds and races is shown in the pairing list in appendix A.
- 8.2 Changes of boats and crews, according to the pairing list, will be in the harbor, or if possible out on the water.
- 8.3 After finishing a race, the boats shall roll up their jibs and keep the mainsails hoisted, if the crew change shall take place on the water. Otherwise sail straight to the designated place in the harbor.
- 8.4 The boats are provided and the rules for operating the boats are set out in Appendix B.

## **9 Safety regulations**

- 9.1 A boat requiring assistance may drop her jib, luff her sails or display Code Flag "V". This is an addition to the Race Signal Code Flag 'V'.

**Date:** August 11 2022, Håkan Andersson IRO



This event is a collaboration between KSSS and Skota Hem